

# **RESOURCES FOR PEOPLE WITH DISABILITIES**

## **Disabled Persons' Community Resources**

**1525 Carling Avenue,**

**Lower Level**

**Ottawa, ON K1Z 8R9**

**Tel: 724-5886**

**Fax: 724-5889**

**dpcr@on.aibn.com**

**Office Hours: 8:30 a.m. - 4:30 p.m., 8:30 a.m. - 4:00 p.m. (summer - July-August)**

**Provides information on housing and services for physically disabled people. Services are designed to encourage the independence of physically disabled people through facilitating equal access to community resources such as: housing, transportation, recreation, education, employment, barrier-free design, information and referral, and financial assistance.**

## **Senior Citizens Council of Ottawa-Carleton**

**203-294 Albert Street**

**Ottawa, ON K1P 6E6**

**Tel: 234-8044**

**Fax: 233-9508**

**Provides information on services and programs for seniors in the City; provides some programs directly.**

## **Community Information Centre of Ottawa-Carleton**

**260 St. Patrick Street, Suite 301**

**Ottawa, ON K1N 5K5**

**Tel: 241-INFO (4636)**

**Fax: 241-4702**

**cominfo-oc@on.aibn.com**

**Office Hours: 9:00 a.m. - 5:00 p.m. (Mon-Fri),**

**9:00 a.m. - 4:00 p.m. (summer)**

**Provides information about and referral to community resources in Ottawa-Carleton, facilitates access to services, suggests alternatives when needed service is not available, serves as a resource centre to individuals and groups, and publishes the Directory of Community Services and other information lists.**