

RESOURCES FOR PEOPLE WITH DISABILITIES

Disabled Persons' Community Resources

1525 Carling Avenue,

Lower Level

Ottawa, ON K1Z 8R9

Tel: 724-5886

Fax: 724-5889

dpcr@on.aibn.com

Office Hours: 8:30 a.m. - 4:30 p.m., 8:30 a.m. - 4:00 p.m. (summer - July-August)

Provides information on housing and services for physically disabled people. Services are designed to encourage the independence of physically disabled people through facilitating equal access to community resources such as: housing, transportation, recreation, education, employment, barrier-free design, information and referral, and financial assistance.

Senior Citizens Council of Ottawa-Carleton

203-294 Albert Street

Ottawa, ON K1P 6E6

Tel: 234-8044

Fax: 233-9508

Provides information on services and programs for seniors in the City; provides some programs directly.

Community Information Centre of Ottawa-Carleton

260 St. Patrick Street, Suite 301

Ottawa, ON K1N 5K5

Tel: 241-INFO (4636)

Fax: 241-4702

cominfo-oc@on.aibn.com

Office Hours: 9:00 a.m. - 5:00 p.m. (Mon-Fri),

9:00 a.m. - 4:00 p.m. (summer)

Provides information about and referral to community resources in Ottawa-Carleton, facilitates access to services, suggests alternatives when needed service is not available, serves as a resource centre to individuals and groups, and publishes the Directory of Community Services and other information lists.