

LEGAL AID

Central Ottawa Community Legal Services

1 Nicholas Street, Suite 422

Ottawa, ON K1N 7B7

Tel: 241-7008

Fax: 241-8680

Office Hours: 8:30 a.m. - 4:30 p.m. (closed 12:00 noon - 1:00 p.m. and after 1:00 p.m. on Tues)

West Ottawa Community Legal Services

1301 Richmond Road

Ottawa, ON K2B 7Y4

Tel: 596-1641

Fax: 596-3364

Office Hours: 8:30 a.m. - 4:30 p.m. (Mon, Tues, Wed, Fri), 8:30 a.m. - 12:00 noon (Thurs)

South Ottawa Community Legal Services

1355 Bank Street, Suite 406

Ottawa, ON K1H 8K7

Tel: 733-0140 Fax: 733-0401

Office Hours: 1:00 p.m. - 4:00 p.m. (Mon), 8:30 a.m. - 4:30 p.m. (Tues-Fri), (closed 12:00 noon - 1:00 p.m.)

Disabled Persons' Community Resources

1525 Carling Avenue,

Lower Level

Ottawa, ON K1Z 8R9

Tel: 724-5886

Fax: 724-5889

dpcr@on.aibn.com

Office Hours: 8:30 a.m. - 4:30 p.m., 8:30 a.m. - 4:00 p.m. (summer - July-August)

Provides information on housing and services for physically disabled people. Services are designed to encourage the independence of physically disabled people through facilitating equal access to community resources such as: housing, transportation, recreation, education, employment, barrier-free design, information and referral, and financial assistance.

Senior Citizens Council of Ottawa-Carleton

**203-294 Albert Street
Ottawa, ON K1P 6E6
Tel: 234-8044
Fax: 233-9508**

Provides information on services and programs for seniors in the City; provides some programs directly.

Community Information Centre of Ottawa-Carleton

**260 St. Patrick Street, Suite 301
Ottawa, ON K1N 5K5
Tel: 241-INFO (4636)
Fax: 241-4702
cominfo-oc@on.aibn.com**

**Office Hours: 9:00 a.m. - 5:00 p.m. (Mon-Fri),
9:00 a.m. - 4:00 p.m. (summer)**

Provides information about and referral to community resources in Ottawa-Carleton, facilitates access to services, suggests alternatives when needed service is not available, serves as a resource centre to individuals and groups, and publishes the Directory of Community Services and other information lists.